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PREPARING FOR YOUR BOUDOIR PHOTOSHOOT

Getting Ready & What to Expect

As Soon As You Book Your Session

The fun starts right away. Planning your photo session can and should be a lot of fun. Start picking outfits that you would like to wear.

I also suggest using a Pinterest board with images that you love or would like to try during your session.

Find the clothing, lingerie, high heels, jewelry and potential props to use during your session:

This can be the perfect excuse to go shopping, either online or a day at the mall with your girlfriends helping you choose something nice or a little bit naughty.

Think about what you may already own. Possibly a gown that you look amazing in but have never had the right opportunity to wear or a piece of lingerie that looks so sexy.

Do you own awesome high heels that you never wear because they're uncomfortable? Bring them to your shoot.

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Bring things that your significant other can relate to such as a sports jersey, military tags, a button down shirt, a hat, a tie, a musical instrument, sporting equipment...

Remember that you can call or email me at any time leading up to your shoot to go over ideas or to answer any questions.

Five Days Before Your Session

If waxing is your thing, make sure to wax a few days before your session as to avoid redness and irritation.

Pluck and shape your eyebrows.

If you want to get your hair cut and/or colored, make sure to allow yourself a few days before your session to make sure you are happy with it.

Either give yourself or have a professional manicure and pedicure. If you go with polish, go with classic tones such as ballet pink, nude, or red. If your paint is chipped, please remove polish and come with bare nails instead. It does make a huge difference in your pictures.

Don't go out tanning and don't use a spray or liquid tanner the week of your session.

Try to increase your water intake. Lots of water makes for beautiful skin but the extra salt may cause water weight.

Try on the clothes and lingerie that you have chosen to make sure everything fits well and be sure to remove any and all labels that might be seen.

The Day Before Your Session

Shave and use a moisturizer. Moisturize everywhere, from your nose to your toes.

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Double-check that you have everything you will be bringing the night before your session – clothing, lingerie, high heels, jewelry, props...Be sure to Overpack! This is the one time it is better to have too much.

Relax and have a stress-free evening.

Try to get at least eight hours of good sleep.

The Day Of Your Session

Use a clear deodorant but don't use perfumes or colognes. Eat a light breakfast before leaving the house (Do Not skip breakfast)

Arrive in loose fitting cloths to avoid marks on your skin- yes be careful even with your socks!

Relax and try not to be nervous. I'll make sure you look your best and are guided throughout the entire process making sure you're as comfortable as possible. Try to remember that nothing is sexier and more attractive than a confident woman. This is your day and a wonderful experience so enjoy yourself and have a great time!

Later That Day/Next Day

After the photo session is over, you're invited to take a one hour coffee/lunch break in town or return the following day. When you return your images will be ready to view. I'll show you a slideshow of all the pictures and then together we'll narrow them down to your favorites and place your order. I will then retouch/enhance your selections and your order will be available for pickup with 3 business days.

Also important to know:

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The time you have scheduled is planned especially for you and staff expenses are incurred even if you do not show up. If cancellations must be made, please communicate it immediately. As a mom, I know that kids get sick and that things can happen at the last minute, if you or a family member falls ill right before your session, please give me as much notice as possible.

Your Trust is Important To Me - I respect your privacy and your level of modesty, and will never share images on social media or my blog/portfolio without your express consent. Your images are stored in a password-protected gallery that only you (and whomever you invite) is allowed to access. I do occasionally share galleries with other boudoir clients during the consultation phase, but I will always ask before doing so. You will also see that my studio is located out of my home. I have designated the front/main room as my full time photography studio. This allows me to keep your costs down. Many Boudoir photographers charge hundreds more than me because their sessions all take place in hotel rooms. My studio and home will always be empty for your entire session. For your convenience, I do also offer to do the sessions in your home for an additional \$25 travel fee (inside the Antelope Valley only) or we can meet you at a hotel of your choice, for an additional \$25 travel fee plus the cost of the room.

Remember that if you have ANY questions or concerns during any stage of this experience, please don't hesitate to contact me. We look forward to seeing you!